Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Friday 07 Aug 2020 until 23:59 on Saturday 08 Aug 2020

Forecast Issued on Thursday 06 Aug 2020 at 16:48 by Met Office Aberdeen

Confidence: Low for timing of rain and change to clearer conditions on Friday. High for fine conditions over the weekend.

Headline for Friday 07 Aug 2020: Rain spreading east, drier later.

Mountain weather hazards on Friday 07 Aug 2020

Blizzards No Likelihood	**Heavy Snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** High Likelihood
Thunderstorms Low Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
FOG							
Fog	Cloudy	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Cloudy	Sunny intervals
Precipitation probability							
00%	00%	60%	60%	60%	60%	30%	20%

Forecast for Friday 07 Aug 2020

Weather: Most of the day will be cloudy. A few showers possible in the morning, but some prolonged and possible heavy rain developing in the afternoon. Drier and clearer weather will spread east from late afternoon

Chance of cloud free mountain/hill tops above 800m: 30%. Cloud soon becoming extensive between 450 and 650 metres, but this clearing from the west from late afternoon.

Visibility: Rather hazy, sometimes poor along the west coast. Becoming very good once rain clears later.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Friday 07 Aug 2020

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	31/38 S	28/34 S	31/39 S	29/37 S	29/38 S	25/33 SW	21/28 SW	16/21 SW	14/18 SW
900	19/26 S	17/23 S	20/28 S	20/28 S	21/29 S	18/25 SW	14/19 SW	11/15 SW	9/13 SW
600	22/27 S	22/27 S	24/30 S	25/33 S	23/30 S	19/26 SW	13/18 SW	9/13 SW	8/11 SW
300	8/12 S	9/15 S	14/23 S	14/22 S	13/20 S	10/17 SW	7/12 SW	5/9 SW	4/7 SW
Glen	5/10 SW	3/8 SW	7/15 S	10/19 S	10/19 SW	9/18 SW	6/13 SW	5/10 SW	4/7 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	9/4	9/4	8/3	9/4	10/5	10/6	8/4	6/3	5/1
900	11/7	11/8	11/7	11/8	12/8	12/9	11/8	9/6	7/5
600	14/10	14/10	14/10	14/10	14/10	14/11	13/10	11/9	9/8
300	15/14	15/14	15/13	16/13	16/14	15/14	14/13	12/12	11/11
Glen	16/16	16/16	16/16	17/16	17/16	17/16	16/16	14/13	12/12
Freezing Level*	2800m	2900m	3200m	3100m	3200m	3000m	2800m	2400m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Rain may drenching for short periods, especially in the afternoon.

Forecast for Saturday 08 Aug 2020
Weather: Any overnight mist soon burning off then dry, sunny and warm.

Maximum wind: Westerly 10 mph

Chance of cloud free mountain/hill tops above 800m: Little in the way of low cloud expected

Visibility: Very good

Temperature: **Glens:** Plus 10 rising to 21 Celsius
At 800m: Plus 11 Celsius
Freezing level: Above summits

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